

EVENT-REACTON CYCLE IN THE CONTEXT OF THE FIELD AND THE KNOWER OF THE FIELD						
KNOWER						
K N O W E R	FIELD					K N O W E R
	SUPRAMENTAL PLANES OF CONSCIOUSNESS		Supramental Consciousness - Vijnana	SUPRAMENTAL PLANES OF CONSCIOUSNESS		
			Supramental - Samjnana			
			Supramental - Prajnana			
	SUPERCONSCIOUS SPIRITUAL MIND PLANES		Spiritual Mind: Overmind	SUPERCONSCIOUS SPIRITUAL MIND PLANES		
			Intuitive Mind			
			Illumined Mind			
			Higher Mind			
	INNER MENTAL REALM		Ordinary Waking Consciousness: Thinking Mind	INNER MENTAL REALM		
			Vital Mind			
Physical Mind						
Event: "I see a tree"	Superficial subconscious response to event: simple sensing/feeling response	Superficial subconscious: complex sensing/feeling	Superficial subconscious: beliefs, interpretations based on past experience and evolutionary mechanisms	Emerging into waking consciousness : underlying self-sense	Waking consciousness: reactive emotion: [attachment]"it's pleasant, I want to experience more like this"; [aversion] "I don't want to experience anything more like this"	
INNER VITAL REALM		Vital (Pranic) Consciousness: Higher Vital (4 th chakra)	INNER VITAL REALM			
		Vital Consciousness: Central Vital (3 rd chakra)				
		Vital Consciousness Lower vital (2 nd chakra)				
SUBTLE (inner) PHYSICAL REALM		Physical Consciousness – mental physical (1 st chakra)	SUBTLE (inner) PHYSICAL REALM			
		Physical consciousness: vital physical (1st chakra)				
		Physical Consciousness: physical proper (1 st chakra)				
SUBCONSCIENT PLANES OF CONSCIOUSNESS		Subconscient (mental subconscient (below 1 st chakra)	SUBCONSCIENT PLANES OF CONSCIOUSNESS			
		Subconscient: vital subconscient				
		Physical subconscient				
Inconscient						
KNOWER						